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# TEAM EVILLE LAKELAND SPEAKS CHALLENGE



THE AUGUST 2017

Scafell Pike : Helvellyn : Skiddaw



## Helping sick children and their families...











### During their transportation to hospital

We provide parent bags to get a family through their first days in hospital and specialist equipment for staff training.



### During their stay in hospital

We donate sensory, physiotherapy equipment and comfort items to make a child's stay more bearable.



## At home in the community

Heart monitors, suction machines and portable SATs machines are some of the vital equipment we provide.



## Bereavement Support

We hold monthly support groups and host an online forum for bereaved parents. We also hold a special remembrance event annually on Evie's birthday.



Follow us on 🚹







#### Registered charity number: 1164489

# Unformation for the day



#### **ITINERARY**

4.30am Meet at Broughton Primary School and depart to Scafell
6.00am Arrive at Scafell Pike and begin the first ascent
11.30am Depart Bracken Close car park and head to Helvellyn
1.30pm Arrive at Swirls car park and begin the second ascent
4.30pm Depart from Swirls car park and head to Skiddaw
5.00pm Drop off at Brundholme Road and begin the third ascent
9.00pm Buses depart and drive back to Broughton Primary School

PLEASE REMEMBER TO CHECK THE KIT LIST AND BRING ALL THE APPROPRIATE CLOTHING AND FOOTWEAR. IT IS SO IMPORTANT TO BE WELL PREPARED AS THE WEATHER CAN CHANGE SO QUICKLY ON THE FELLS.





ALTHOUGH IT WILL BE ENJOYABLE, IT WILL BE A VERY LONG DAY – PLEASE MAKE SURE YOU BRING ENOUGH FOOD AND DRINKS FOR THE WHOLE DAY. PLENTY OF WATER IS ESSENTIAL.

\*FOOD AND CLOTHING CAN BE LEFT ON THE BUS

AT THE START OF THE CHALLENGE YOU WILL BE GIVEN A SMALL BAG CONTAINING THREE SMALL STONES WITH 'EVIE' WRITTEN ON. THERE IS ONE STONE TO LEAVE AT THE TOP OF EACH PEAK. EVIE SHOWED SO MUCH STRENGTH, BRAVERY AND DETERMINATION... WE HOPE SHE CAN INSPIRE YOU TO KEEP GOING TO REACH EACH PEAK!





THERE ARE TOILETS AVAILABLE AT THE FOOT OF SCAFELL PIKE AND HELVELLYN. IF REQUIRED WE CAN ALSO VISIT THE PUBLIC TOILETS IN KESWICK FOLLOWING THE SKIDDAW WALK.

# Stelles

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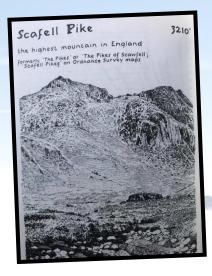
## Making your house a home since 1979

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## Peak It ScafeII Pike 978m



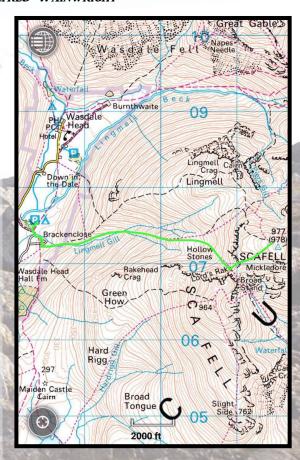
'A magnificent journey.'

WE WILL TACKLE SCAFELL PIKE FROM WASDALE HEAD (VIA BROWN TONGUE). WE WILL HEAD UP TO THE SUMMIT BY TAKING THE ROUTE THROUGH HOLLOW STONES AND REACH THE TOP BY WAY OF MICKLEDORE – TAKING IN THE INCREDIBLE VIEWS!

WITH ALL THREE OF THE WALKS ON THE CHALLENGE WE WILL BE TAKING THE SAME ROUTE FOR THE ASCENT AND DESCENT. THIS HELPS TO MAKE THE EVENT SAFER FOR EVERYONE INVOLVED... AND ALSO MEANS THAT AFTER WE HAVE CONQUERED THIS FIRST, GIANT PEAK WE WILL GET MORE TIME TO REST ON THE JOURNEY TO PEAK 2...

"IT IS EVERY INCH A MOUNTAIN. ROUGHNESS AND RUGGEDNESS ARE THE NECESSARY ATTRIBUTES TO MAKE A MOUNTAIN AND THE PIKE HAS THESE IN GREATER MEASURE THAN ANY OTHER HIGH GROUND IN THE COUNTRY — WHICH IS JUST AS IT SHOULD BE, FOR THERE IS NO HIGHER GROUND THAN THIS."

ALFRED WAINWRIGHT



The ascent of Scafell Pike is the toughest proposition the 'collector' of summits is called upon to attempt.'

# Peak 2: Helvellyn 950m

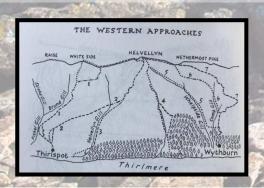


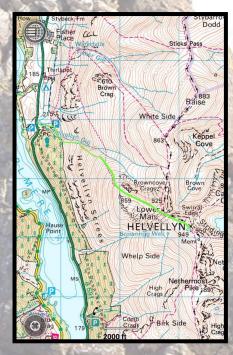
"LEGEND AND POETRY, A LOVELY NAME AND A LOFTY ALTITUDE COMBINE TO ENCOMPASS HELVELLYN IN AN AURA OF ROMANCE; AND THOUSANDS OF PILGRIMS, AIDED BY ITS EASY ACCESSIBILITY, ARE ATTRACTED TO ITS SUMMIT EVERY YEAR. THERE IS NO DOUBT THAT HELVELLYN IS CLIMBED MORE OFTEN THAN ANY OTHER MOUNTAIN IN LAKELAND, AND, MORE THAN ANY OTHER, IT IS THE OBJECTIVE AND AMBITION OF THE TOURISTS..."

ALFRED WAINWRIGHT

# 'A pleasant start, but unremittingly steep for 2000 feet.'

WE WILL TACKLE HELVELLYN FROM THE WESTERN APPROACH, STARTING FROM SWIRLS CAR PARK AND HEADING UP ALONGSIDE HELVELLYN GILL. THE ROUTE IS MARKED AS NUMBER 3 ON WAINWRIGHTS DRAWING. WE WILL HEAD UP AND DOWN THE SAME ROUTE. THE STEPS ON THE ROUTE CAN BE SLIPPY, SO EXTRA CARE NEEDS TO BE TAKEN ON THE DESCENT...





THE ROUTE IS SHOWN HERE ON WAINWRIGHTS SKETCH AND AN ORDINANCE SURVEY MAP

## Peak 3: Skiddaw 931m

"SKIDDAW SHEWS ITS VAST BASE, AND BOUNDING ALL THAT PART OF THE VALE, RISES GENTLY TO A HEIGHT THAT SINKS THE NEIGHBOURING HILLS; OPENS A PLEASING FRONT, SMOOTH AND VERDANT, SMILING OVER THE COUNTRY LIKE A GENTLE GENEROUS LORD, WHILE THE FELLS OF BORROWDALE FROWN ON IT LIKE A HARDENED TYRANT."

THOMAS PENNANT

'A time-honoured route, in popular use a century ago.'



Sale, How 666

Carl 746
Broad End
Little Ma
Less
Grey Crags

Jenkin
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OUR ROUTE FOR THE FINAL OF THE THREE PEAKS WILL SEE US START FROM THE BOTTOM OF SPOONY GREEN LANE IN KESWICK. WE WILL FOLLOW THE ROUTE AROUND THE SIDE OF LATRIGG (CUMBRIA WAY) AND THROUGH UNDERSKIDDAW CAR PARK. WE WILL THEN TAKE THE SKIDDAW PATH TO THE SUMMIT. THE PATH IS VERY WIDE AND EASY TO SEE IN ALL CONDITIONS AND HOPEFULLY WILL NOT CAUSE US ANY TROUBLE WITH OUR TIRED LEGS...

Not so much a climb as a mountain walk to a grand, airy summit

On completion of this fell you should feel incredibly proud of yourself! You will have climbed a total of 2859m, walked a distance of 32km and raised money to help so many sick children and their families! Thank you so much for all your efforts!!